



# LION LOWDOWN

## Kinesiology

The department of Kinesiology emphasizes quality teaching and academic advising to prepare future professionals to be successful at promoting healthy, active lifestyles in a global society.



## Degree Options

- Exercise Science
- Food Science and Nutrition
- Physical Education K-12
- Sport Recreation Management

### Certificates:

- Coaching
- Community Health
- Nutrition
- Rehabilitation Science

With smaller class sizes, a lower faculty-to-student ratio, immersive learning opportunities, and strong connections to local food industries, programs ensure tailored educational experiences.

## Career Opportunities:

- Athletic Director
- Athletic Trainer \*
- Cardiac Rehabilitation \*
- Chiropractor \*
- Collegiate and Professional Athletics
- Community Health and Wellness
- Food Chemist
- Food Product Development
- Food Production
- Food Sales and Service
- Food Technologist
- K-12 Physical Educator
- Occupational Therapist \*
- Parks and Recreation
- Physical Therapist \*
- Registered Dietitian Nutritionist \*
- Sports Marketing and Promotion
- Sports / Recreation Event Planning
- Sports / Recreation Facility Management
- Strength and Conditioning Coach \*

*\*Several career options require additional schooling and/or certifications.*



"The most rewarding part was seeing patients progress and being motivated to come to physical therapy and return to their prior state. As a therapist, it's fulfilling when your patients discharge and feel like a new person."

**-Hayden Kisling, 2024 Graduate**



This is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Missouri TTY User: 711 for Relay Missouri Services